



Inspiring Stories & Advice

Empowering You on Your Path to Wellness

LifeExec is a groundbreaking approach to true wellness. The most valuable resources we have to share the positive impact of LifeExec is through the collective experiences and wisdom of our remarkable members. We proudly showcase their stories and use cases to inspire and empower others.

Wellness For **Parents**

Wellness For **Travelers**

Wellness For **Business Owners**

Wellness For **Your Budget**

Wellness For **You**





Meet LifeExec

Healthcare membership covers 99% of healthcare needs for 97% of Americans. Awarded Top 10 healthcare company in US

Best Suited For ...

- Primary Care Doctor
- Urgent Care
- Daily Wellness
- Preventative Health
- Chronic Disease
- Accident Insurance
- Pre-Cancer Insurance
- Pre-Heart Disease Insurance
- Dental & Vision
- Pharmaceuticals

LifeExec Covers a Continuum of Care

General Health

Telemedicine
Primary Care
Labs
Women's Exam
Colonoscopy
Pharmaceuticals
*Vaccinations
Dental
Vision
Hearing
Dermatology
Dietician
MRI & CT Scans

Mental Health

Counseling
Therapist

Diseases & Conditions

Anxiety
Arthritis
Asthma
Allergies
Blood Pressure
CHF
Depression
Diabetes
Fibromyalgia
GERD
Hypertension
COPD
Gout
Thyroid

Accidents & Hospitalization

Urgent Care
Hospitalization
Ambulance Services

Long-Term Care

Home Care
Home Health
ALF & SNF
Alzheimer's
Hospice

Alternative Medicine

Acupuncture
Chiropractic
Massage
Naturopathic

Non-Medical Stressors

Roadside Assistance
Financial Advisor
CPA Services
Legal Services
Emergency Travel



A Parent's Superpower

As a mother and father, your family's health and well-being are of utmost importance to you. With LifeExec, you can have peace of mind knowing that every aspect of your family's health is taken care of. Our program provides virtual doctors available 24/7, the largest dental network in the US, and an insurance program that covers all medical bills in the event of an accident.

Whitnie's Recommendation

Advantage Signature

- Telemedicine (\$0 visit)
- Dental, Vision
- Pharmaceuticals
- More

\$119.95

per month
Family Plan

What should you know?

Advantage Signature includes telemed doctors and pediatricians who can diagnose illnesses and write prescriptions.

Family accident insurance covers costs of ER, Urgent Care, and emergency dental visits

COMMON USES

Children Illnesses

Earache, stomach aches, sore throats ... children get sick a lot. Have a pediatrician on call 24x7

Children Injuries

Cuts, broken tooth, soccer injury ... children get hurt a lot. Go to any Urgent Care and have medical bills covered



Whitnie's LifeExec Story

Whitnie, a caring mother to three adorable children experienced the remarkable benefits of LifeExec. When her youngest had an ear infection, Whitnie quickly recognized the symptoms. Her pediatrician was closed on the weekend, so she consulted with a telemedicine pediatrician through LifeExec. Within minutes, she received a prescription, filled it within an hour, and paid \$0 for the visit and \$24 for the medication.

Another life-changing moment occurred when her oldest son broke his two front teeth while jumping on a trampoline. Her regular dentist could fit her in for a week. Utilizing LifeExec's Aetna Dental program, Whitnie scheduled a same-day appointment for Jack. She had his teeth fixed for only \$100, saving significantly compared to insurance.

Common Uses

Whitnie's Picks

Advantage Wellness Signature

UTI

Who wants to leave the house when you have a UTI? Telemedicine allows for quick access to healthcare professionals who can prescribe necessary medications and monitor the conditions remotely.

New Parent

Ditch Google and talk to a pediatrician. Receive guidance from a pediatrician or lactation consultation without leaving the comfort of home, especially during those early days of motherhood.

Rash

Receive prompt evaluation and treatment from a healthcare professional without the need to visit a physical clinic, especially when the rash is causing discomfort or concern.





Traveling Essential

Traditional medical insurance often restricts coverage to within their network, leaving you without coverage when you relocate or travel. Portable health care provides instant access to doctors, dentists, and medications wherever you are. Stay covered and enjoy peace of mind, no matter where life takes you.

Abby's Recommendation

Advantage Essential

- Telemedicine (\$0 visit)
- Dental, Vision
- Pharmaceuticals
- More

\$29.95

per month
Individual Plan

What should you know?

Covers medical-related bills, including x-rays, MRI, stitches, anesthesia, more

\$0 deductible means no out of pocket costs. The average Urgent Care visit costs \$1,100, even with insurance

You can use accident insurance at nearly any Urgent Care or hospital in the US

COMMON USES

Home accidents result in +4 million visits to ER every year

Outdoor/sports accidents. while MTB, skiing, hiking, fishing, camping

Automobile accidents result in 2 million driver injuries that require a visit to the ER every year.



Abby's LifeExec Story

Abby and her husband were on a foodie adventure when Abby an excruciating stomach cramp. To be safe, they consulted with a physician through telemedicine. Shockingly, the physician diagnosed Abby's symptoms as life-threatening and stayed on video chat to consult with EMT and Urgent Care doctors. They discovered that Abby had a twisted bowel, causing a complete obstruction, which they were able to fix with medication. It could have easily been fatal if left untreated.

Luckily, Abby had Wellness Plus, which provided her with a free telemedicine visit and a \$25 Urgent Care visit that was outside of her insurance network. This experience emphasizes the importance of comprehensive healthcare services like Telemedicine and Urgent Care. LifeExec's Wellness Plus program allowed Abby to receive the immediate and life-saving medical attention she needed.

Business Best Practice

Investing in company culture can yield powerful dividends, including a strengthened brand identity. By offering robust benefits packages to all employees, you create a positive, caring environment that inspires team members to embody that same spirit when interacting with your clients.

Curtis' Recommendation

LifeExec Business

- No employer cost
- No minimum enrollment
- Available to all employees

Free

per month
Business Plan

What should you know?

Most benefit programs require a minimum number of participants (10-15). LifeExec has no minimums

LifeExec offers evergreen enrollments. Employees can sign up year around

Each business receives a branded web portal and enrollment campaigns

COMMON USES

Recruiting Booster

Listing LifeExec's +20 benefit programs in job postings has produced 30%-50% more applicants.

Retention Booster

Sponsoring a benefit program or providing a stipend has reduced high turnover positions by as much as 70%.



Curtis' LifeExec Story

"I'm a seasoned entrepreneur with a track record of running successful, award-winning businesses for over two decades. I understand business thrives on the strength of my team and their collective commitment to success.

For years, I desired to offer employee benefits but faced countless obstacles such as program restrictions based on company size, contract and part-time workers, and minimum participation requirements. However, when the pandemic struck and small businesses started closing due to sudden labor shortages, I realized the vulnerability of my own company and the sense of urgency to provide healthcare for my team.

That's when I discovered LifeExec's Business Program—an incredible solution that seemed too good to be true. With no cost, affordable benefits, and zero employee restrictions, I offered Advantage Wellness for each and every one of my employees. By providing access to critical healthcare services during the health crisis, I had unexpected boost in employee morale, ultimately resulting in retaining every valuable member of his team during "the great resignation".

Thanks to LifeExec, my business not only survived the challenging times but thrived."

Prioritize Mental Health

Life presents us with numerous challenges - work, bills, families, and health concerns. In our fast-paced and demanding world. That's why it's vital to have professionals who specialize in helping individuals cope with stress, navigate disputes, address legacy concerns, and overcome depression. These trained experts are dedicated to guiding you towards becoming the best version of yourself, allowing you to thrive day-to-day.

Scott's Recommendation

Advantage Mental Health

- Dedicated Therapist (\$0 visit)
- On-Demand Counselor (\$0 visit)
- Alternative Medicine Discounts

\$29.95

per month
Family Plan

What should you know?

Over 6 million men suffer from depression per year, but male depression often goes undiagnosed

A high percentage of men report using excess alcohol and drugs to deal with anxiety and depression, which can lead to health, family, and work-related issues

COMMON USES

Stress, Anxiety, Depression

Learn methods and/or get medications to handle stress, anxiety, and depression

Family Counseling

Communicating with your spouse and children can be frustrating. Learn how to navigate issues (even before they occur)



Scott's LifeExec Story

"2020-2023 have undoubtedly been the most difficult and trying period of my life. Balancing my kids' college expenses, navigating business complexities, coping with the impact of Covid-19, and facing the challenges of inflation, were already overwhelming. However, the decision to pursue a divorce with my wife added a whole new level of stress and anxiety that I had never experienced before. It felt as if everything was spiraling out of control, and I found myself facing panic attacks for the first time.

While my friends provided valuable support during this time, I realized that managing through these real-life problems required the help of real professionals. That's when I discovered the Advantage Mental Health program offered by LifeExec.

LifeExec's Mental Health program allowed me to choose a therapist for my specific circumstances. The convenience of meeting with the same professional regularly, from the privacy of my own home, was truly invaluable. I appreciated the convenience of being able to openly discuss my life with a professional who approached each session without an agenda or judgment.

Through this program, I learned an incredible amount about myself — perhaps more than I ever had before. I gained the skills to navigate my daily life and address the issues I was facing in a constructive manner. Participating in this program has reduced my stress levels and allowed me to develop stronger relationships with my children, ex-wife, and friends."

LifeExec vs Insurance

The average cost of health insurance is \$630 per month with a \$4000 deductible. Many healthcare programs have hidden fees and minimal coverage. Medical debt is now the #2 cause of bankruptcy. LifeExec provides actual care with transparent fees.

| | Traditional Insurance | LifeExec |
|--------------------------------|---|---|
| Program Cost | \$600 - \$2000 per month | \$30 - \$160 per month |
| Deductible | \$2500 - \$10000 | \$0 |
| Hidden Fees | 50% Copay | \$0 |
| Network | Local Area | Nationwide |
| Access | Avg Days until Primary Care Appt 27 days | Avg Days until Primary Care Appt 1 day |
| Estimate Annual Price Increase | 9-11% | 0% |

LifeExec Programs are used by thousands of businesses and millions of Americans nationwide, including:

- Berkshire Hathaway Home Services
- Oregon Medical Association
- Fraternal Order of Police
- Right at Home
- Home Helpers
- Best Life Brands

